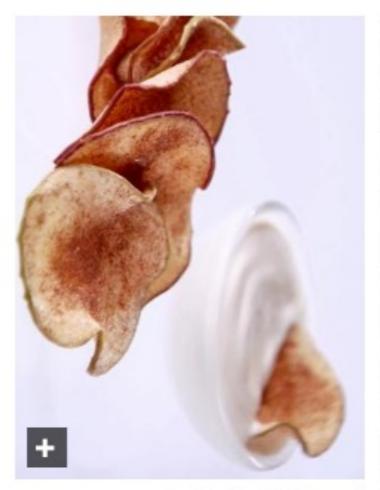
Apple Chips with Sweet Yogurt Dip



Recipe courtesy of Giada De Laurentiis

SHOW: Glada at Home EPISODE: An Apple a Day Recipe courtesy Giada De Laurentiis



Total Time: 1 hr 35 min

Inactive: 30 min Cook: 45 min Prep: 20 min

Yield: 4 Servings

Level: Easy

Apple Chips with Sweet Yogurt Dip

Next Recipe

Ingredients

Vegetable oil cooking spray

Topping:

1/4 cup sugar

1 teaspoon ground cinnamon

1/4 teaspoon salt

Apple Chips:

1 red Gala apple

One 6-ounce Granny Smith apple

whole milk Greek yogurt 1 1/2 cups plain 2 percent or

3 tablespoons pure maple syrup

1/2 teaspoon vanilla extract

Pinch salt

Directions

preheat the oven to 300 degrees F. Line 2 large heavy baking sheets with parchment paper. Lightly coat the parchment with nonstick spray. For the chips: Place 1 rack at the top and 1 at the bottom position and

blended. For the topping: In a small bowl, stir the sugar, cinnamon and salt until

with the second apple. the apple slices in a single layer on one of the baking sheets. Repeat off the right and left sides of each apple. Set the mandoline or v-slicer and cut slices off the remaining side until the core is exposed. Arrange slicer. Cut slices until the apple core is exposed. Turn the apple over for cutting 1/16-inch-thick slices. Place 1 apple, cut-side down, on the For the apple chips: Stand each apple upright. Cut 1/4 inch vertically

crisp more as they cool). crisp, 40 to 45 minutes. Pull the parchment with the apples onto the topping. Bake until the edges curl and the chips are golden and feel work surface and cool completely, 20 to 30 minutes (the chips will Using your fingertips, sprinkle the apple slices generously with the

salt until blended. Cover and chill until ready to serve For the dip: In a medium bowl, stir the yogurt, maple syrup, vanilla and

Serve the dip alongside the apple chips

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